



# Advances in Aging Research Lecture Series

*CME Credit Provided by the University of Arizona College of Medicine – Tucson*

**Cynthia Thomson, PhD, RDN**  
**Professor of Health Promotion Sciences**  
**Director, UA Canyon Ranch Center for Prevention & Health Promotion**

## ***Diet and Healthy Aging: Lessons Learned from the Women’s Health Initiative***

**Noon-1 p.m., Monday, Sept. 11, 2017**

**Kiewit Auditorium  
University of Arizona  
1515 N. Campbell Ave.**

### **Objectives:**

1. Describe the Women’s Health Initiative (WHI) study, including the dietary modification trial.
2. Understand the key findings from the dietary modification trial in regards to cancer and cardiovascular disease.
3. List at least 3 key findings from secondary analysis of the WHI data conducted by investigators at the University of Arizona.

### **Accreditation Statement:**

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Disclosure Statement(s):**

All faculty, CME planning committee members, and the CME office reviewers have disclosed that they have no financial relationships with commercial interests that would constitute a conflict of interest concerning this CME activity.

View Presentations Live: <http://streaming.biocom.arizona.edu/home/>  
View Archived Presentations: <http://streaming.biocom.arizona.edu/categories/?id=5>

