

END-OF-LIFE CASES AND RESOURCES:

An Interprofessional Toolkit for Health Science Students



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LOCAL END-OF-LIFE RESOURCES



Beads of Courage Support for children coping with serious illness

Pima Council on Aging End-of-life guidance and resource hub

Tucson Medical Center Hospice and bereavement support

Tu Nidito One-on-one and group support program for grieving a loved one or a serious medical diagnosis



Banner Alzheimer's Institute Services and resources for those with Alzheimer's disease

Roots and Roads Community hospice foundation

SouthEastern Arizona Governments Organization Advance healthcare planning

Step Up to Justice Pro bono law center for individuals and families in Pima County



Catholic Community Services Advance care planning

Dunbar Pavilion Advanced care planning workshop (Dunbar Pavilion is an African-American arts and culture center)

Interfaith Community Services Caregiving and senior services

LOCAL END-OF-LIFE RESOURCES



Pascua Yacqui Tribe Health Services Division

Southern Arizona Senior Pride LGBTQI+ advance medical care planning for older adults

Southwest Folklife Alliance (SFA) Current and past end-of-life projects

Arriving in the Light End-of-life in Southern Arizona's Muslim communities

Continuum End-of-Life Booklets Four downloadable booklets with information on end-of-life practices within multicultural communities in Tucson

Continuum Journal Multicultural practices in grief and end-of-life

Continuum Workbook Resources and Worksheet

Cruzando Fronteras: Ceremonia y Duelo Enfoques sobre el final de la vida, adaptación y mecanismos de sobrevivencia ante la pérdida de un familiar en la comunidad de inmigrantes Mexicanos en Tucson

Finding Refuge The comforts of culture in grief, trauma, death and end-of-life for refugees resettled in Southern Arizona

Folklife Well Seasoned End-of-life approaches and traditions of elders living alone

International Border: Ceremony and Healing End-of-life in Tucson's Mexican immigrant communities

Tohono O'odham Nursing Care Authority Resource hub for hospice care

STATE END-OF-LIFE RESOURCES



Compassion and Choices Empowering people to get the care they want during a serious illness or at the end-of-life

Ryan House On-site care for children and families as they navigate life-limiting or end-of-life journeys



Arizona Hospital and Healthcare Association Thoughtful life conversations

Arizona Medical Association End-of-life care task force

Death with Dignity Step-by-step guide to create advanced directives

Elder Care Councils A helping hand for Arizona's seniors

Mayo Clinic Hospice and Palliative Fellowship (Phoenix)

STATE END-OF-LIFE RESOURCES



Hopi Tribe Office of Aging and Adult Services

Salt River Pima-Maricopa Indian Community Senior Services



Arizona Hospice & Palliative Care Organization A 501(c)3 nonprofit organization dedicated to advancing quality end-of-life care

Arizona Judicial Branch Life care planning forms

Arizona Coalition to Transform Serious Illness Care A coalition working to improve the quality of care and outcomes for people with serious illness

NATIONAL END-OF-LIFE RESOURCES



Coda Alliance An easy, even entertaining way to talk about what is most important to you

Compassionate Friends Supporting family after a child dies

Conversation Project Guide/tool for discussing wishes for care through end-of-life

Death Cafe Increase awareness of death with a view to helping people make the most of their lives

Death Over Dinner Guide/tool for discussing end-of-life

Dougy Center Providing grief support to assist children who are grieving

National End-of-Life Doula Alliance A 501(c)6 non-profit membership organization that welcomes all end-of-life doula practitioners, trainers, and other interested parties

Stanford Medicine What Matters Letter Project Review your life with your loved ones (also includes life review letter, bucket list project and advanced directives information)



ACP Decisions Library Education Patient-centered advance care planning

Aging with Dignity Five Wishes advance care planning program has helped improve end-of-life care for literally millions of individuals and families across the nation

American Association of Colleges of Nursing End-of-life Nursing Education Consortium

Ariadne Labs Communication in Serious Illness (Clinician Course)

Association for Death Education and Counseling ADEC is the first interdisciplinary organization in the field of dying, death and bereavement

National End-of-Life Resources



Center to Advance Palliative Care How to include a pharmacist in the palliative care mix

The Conversation Project Helping people share their wishes for care though end of life Family Caregiver Alliance Making end-of-life decisions: What are your important papers?

Hospice Foundation of America Grief resources & professional education

Hospice and Palliative Care Nurses Association Advancing nursing expertise in
hospice and palliative care through education, advocacy, leadership, and research
Institute for Healthcare Improvement Clinician Toolkit for End-of-Life Care
National Hospice and Palliative Care Organization The nation's largest membership
organization for providers and professionals who care for people affected by serious
and life-limiting illness

National Institute on Aging Information on advanced care planning and health care directives

Northwestern Medicine EPEC: Education in Palliative and End-of-Life Care
Saybrook College Contemplative End of Life Care Certificate
Smith College (Social Work Program) Palliative and End-of-Life Care Certificate
University of Iowa End-of-Life care

University of New Mexico Best Practices in Culturally Sensitive End-of-Life Care
University of Washington Palliative and End-of-Life Care Research Program
VA End-of-Life Services Geriatrics and Extended Care

Vital Talk Evidence-Based Training for Clinicians and Institutions

National End-of-Life Resources



Death Customs 11 Different Death Customs from Around the World

EthnoMed Cultural relevance in end-of-life care

SAGE USA Advocacy and services for LGBTQ+ Elders



Health and Heart Podcast A podcast that provides spiritual support and encouragement for those facing serious illness, caregivers, and clinicians

NPR End-of-Life Planning is a 'Lifetime Gift' to Your Loved Ones (audio)

PBS- Being Mortal Documentary Explores the relationships doctors have with patients who are nearing the end of life

PBS- How Do You Want to Die? The Conversation Project, a Boston-based non-profit, is highlighting the importance of talking openly about dying

PBS- On Our Own Terms: Moyers on Dying Jeff Kahn from the University of Minnesota shares his expertise on end of life issues brought up on Bill Moyers' latest series on dying.

TED Talk "Life that Doesn't End with Death" by Kelly Swazey

NATIONAL END-OF-LIFE RESOURCES

Additional Resources

AARP How to start a conversation about end-of-life care (site has several articles on end-of-life topics)

American Psychological Association End-of-life issues and care (includes several resources)

Ariadne Labs Serious Illness Conversation Guide

Caring Info Helping to make informed decisions about care and services before a crisis

CDC Advance Care Planning Course

Coalition to Transform Advanced Care To ensure everyone facing a serious illness has the care that they need, when and where they need it.

Compassion & Choices Improving care, expanding options and empowering everyone to chart their end-of-life journey.

Dementia Values & Priorities Tool Identify your personal values and provide clear care instructions to your loved ones as you deal with a dementia diagnosis

My End-of-Life Decisions: Advance Planning Guide and Toolkit

End-of-Life Consultation Speak with an end-of-life consultant as you navigate end-of-life care and choices

Diagnosis Decoder Find questions to ask at doctor's appointment to get the care you want

National Academy for State Health Policy Best practices in using Physician Orders for Life Sustaining Treatment (POLST)

National Cancer Institute Planning the transition to end-of-life in advanced cancer

National Institute on Aging Articles providing information about palliative care, hospice care, decision-making at the end of life, and where to find help for your grief



ADVANCE CARE PLANNING FORMS

Arizona Healthcare Directives Registry A secure online registry for housing advance directives

Arizona Hospital and Healthcare Association (AzHHA) Forms

- Pre-hospital medical care directive
- POLST
- Living will (English & Spanish)
- Arizona health care power of attorney with optional mental health authority short form (English & Spanish)

Arizona Attorney General Life Care Planning Packet Advance directives for making your health care decisions (English & Spanish)

 Life care planning checklist, health care power of attorney, living will, mental health care power of attorney, pre-hospital medical care directives (do not resuscitate), and registration agreement

Five Wishes National advance care planning program

PREPARE Easy to read advance directives that are fill to fill out and print for all states