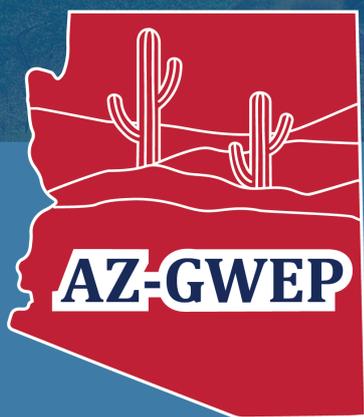


AZ-GWEP MONTHLY NEWSLETTER

SEPTEMBER 2024



ABOUT

The mission of the Arizona Geriatrics Workforce Enhancement Program (AZ-GWEP) is to provide the best possible care through an interprofessional approach to individual, system, community and population level education, training and models of care innovations.

The AZ-GWEP Newsletter is an important forum to share AZ-GWEP activities and highlight your valuable work. Please use this form by the 10th of each month to be featured in the next issue:

[SUBMIT INFO FOR OUR NEXT ISSUE](#)

CELEBRATING HEALTHY AGING MONTH



In celebration of Healthy Aging Month this September, join the National Institute on Aging to shape the future of healthy aging through activities and events designed to highlight recent scientific innovations, global insights on longevity, and steps everyone can take to stay independent as they age.

[Healthy Aging Month 2024: Shaping the Future of Aging](#)

Healthy living is healthy aging. Developing and maintaining healthy aging practices throughout the lifespan contributes to greater resilience and opportunities to thrive. Check out page 3, from this Healthy People 2030 publication:

[Key Indicators for Healthy Aging](#)

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PARTNER HIGHLIGHTS

ARIZONA CENTER FOR RURAL HEALTH

[ARIZONA CENTER FOR RURAL HEALTH](#)

Arizona Center for Rural Health (AzCRH) is excited to work with UA Center on Aging/AZ-GWEP to improve the health of older adults in rural Arizona. AzCRH is federally designated as the Arizona State Office of Rural Health and brings expertise in improving the health and wellness of Arizona's rural and underserved populations through education, technical assistance, data, and analysis. Through these relationships, we will connect Tribal Organizations, Underserved and/or Rural (TTOUR) primary care sites/delivery systems education and training site partnerships with Arizona's 17 Critical Access Hospitals (CAHs) that include 4 tribal-operated CAHs, 52 provider-based and independent Rural Health Clinics (RHCs) throughout the state of Arizona. AzCRH activities will ensure that the rural health care sites and supportive care workforce receives the AZ-GWEP curriculum to become Age-Friendly Health Systems (AFHS). See AzCRH Rural and Safety Net Health Facilities map on the following page.

MEET MORGEN, OUR PARTNER FROM THE ALZHEIMER'S ASSOCIATION

[ALZHEIMER'S ASSOCIATION DESERT SOUTHWEST CHAPTER](#)

Morgen Hartford, MSW, MS, has served older adults with dementia and their families for over 10 years with the Alzheimer's Association. As Program Manager and Regional Director, Morgen regularly performed psychosocial assessment and care planning for caregivers and people with dementia, including as part of Primary Care Engagement Campaign in partnership with Banner University Medicine. He has experience delivering a variety of evidence-based and evidence-informed interventions for dementia professionals as well as for people with dementia and their care partners in diverse populations throughout Southern Arizona. He oversees the Alzheimer's Association's delivery of a variety of dementia-related interventions throughout Southern Arizona as led by institutional partners at the University of Arizona and Arizona State University. In his role, he regularly collaborates cross-functionally with Alzheimer's Association Health Systems staff to facilitate health systems solutions for clinicians to advance Alzheimer's care, support, and research. Morgen recently completed a Master's degree in Sustainability Leadership at Arizona State University and has a keen interest in the intersection of environment, business, and society (including health care). Hobbies/Interests include toddler-rearing, gardening, building/tinkering, biking, running, hiking, fishing.



MARK YOUR CALENDARS



ADVANCES IN AGING LECTURE SERIES

SEPTEMBER 9TH
12 - 1 pm (MST)

Introduction to the Arizona Geriatrics Workforce Enhancement Program (AZ-GWEP)

Mindy Fain, Medicine
Cheryl Lacasse, Nursing
Jeannie Lee, Pharmacy

[VIEW PRESENTATION](#)

View archived presentations [here](#)

Download the event flyer

Introduction to the Arizona Geriatrics Workforce Enhancement Program (AZ-GWEP)

LIVESTREAM
<https://streaming.bccom.arizona.edu/streaming/30701/Event>

LEARNING OBJECTIVES

- Describe the AZ-GWEP
- Introduce the Age-Friendly Health System
- Discuss and Model Interprofessional Education (IPE)

Accreditation Statement:
The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.
The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement:
All faculty, CME planning committee members, and the CME office reviewers have declared that they have no financial relationships with commercial entities that would constitute a conflict of interest concerning the CME activity.

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CLICK TO ENLARGE

Rural & Safety Net Health Facilities in Arizona

Design: Ann Garn (Updated 7/24)



- 📍 Critical Access Hospital (CAH)
- 📍 Critical Access + IHS Hospital
- 📍 Indian Health Services (IHS)
- 📍 Urban Indian Health Centers
- 📍 CAH + Tribal Operated (PL 638)
- 📍 Federally Qualified Health Centers in rural areas
- 📍 CAH Affiliated Rural Health Clinics
- 📍 Independent RHCs
- 📍 Tribal Operated (PL 638)
- 📍 * N Apache County Special Healthcare District

MAP PROVIDED BY **ARIZONA CENTER FOR RURAL HEALTH**

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AZ-GWEP IS PROUD TO UTILIZE THE AGE-FRIENDLY HEALTH SYSTEMS (AFHS) 4Ms FRAMEWORK IN OUR GERIATRICS EDUCATION AND TRAINING

What Matters

Aligning care with patient goals and preferences

Medication

Safe and effective use of medications

Mentation

Addressing cognitive health (depression, dementia, delirium)

Mobility

Maintaining and improving mobility

Download the AZ-GWEP and AFHS Framework Infographic



ARIZONA GERIATRICS WORKFORCE ENHANCEMENT PROGRAM

THE AZ-GWEP IS A FEDERALLY FUNDED, 5-YEAR STATEWIDE INTERPROFESSIONAL GERIATRICS EDUCATION AND TRAINING PROGRAM

- Goal**
Improve health outcomes for older adults in rural, tribal, and underserved areas
- Grant Partners**
University of Arizona (UA) Center on Aging, UA Center for Rural Health, UA Colleges of Nursing, Medicine, and Pharmacy, Arizona State University College of Nursing, Northern Arizona University Department of Social Work, Arizona Health Care Association, Alzheimer's Association, Banner Alzheimer's Institute
- Focus Areas**
Critical Access Hospitals, Rural Health Clinics, Tribal Healthcare Facilities, Academic Clinical Settings

Why is the AZ-GWEP Needed?

- Demographic:** Rapidly growing diverse older adult population
- Challenges:** Complex healthcare needs, unprepared health systems, high costs
- Solution:** Educate and train the health care and supportive care workforces in rural, tribal, and underserved areas, maximize patient and family engagement, collaborate with community partners, meet care gaps, and integrate geriatrics into primary care to improve health outcomes

CLINICAL SITES WILL RECEIVE

TRAINING

Tailored to site needs; includes on-site and virtual sessions; flexible, brief, interactive, and non-intrusive learning.

Training topics will include Alzheimer's disease, delirium, anxiety, depression, substance use and opioid use disorders, risk reduction for chronic disease, health inequities, social determinants of health, annual wellness visit, assistive technology, and many more.

BENEFITS

Enhanced geriatrics knowledge, skills and job satisfaction for staff; increased satisfaction for patients and families; increased revenue and reduced healthcare costs

FRAMEWORK

Age-Friendly Health Systems (AFHS)

AFHS FRAMEWORK 4Ms

What Matters

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LinkedIn

Connect with our AZ-GWEP Community Group Page on LinkedIn