



THE UNIVERSITY OF ARIZONA
COLLEGE OF MEDICINE TUCSON

Center on Aging

Interacting with Older Adults: An Empathic Training



This interactive 1-hour training increases awareness of common changes that might occur with aging to improve communication and connection with older adults. These trainings are recommended for anyone who works with older adults – health and community professionals, students, volunteers, caregivers, and many more.

Topics



Demographics of Aging



Depression & Elder Abuse



Falls



Hearing Loss



Patient Experience

Exercises

These exercises simulate common physical changes (vision, hearing, smell, touch, taste, mobility) and life changes (independence, financial, loss of family/spouse) that can occur with aging.



Loss Simulation



Unfair Hearing Test



Navigating Sensory Loss



Contact Lisa O'Neill to schedule: loneill@arizona.edu



aging.arizona.edu