

ADVANCES IN AGING LECTURE SERIES

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INTERPROFESSIONAL PANEL DISCUSSION



Cheryl Lacasse
Nursing



Jeannie Lee
Pharmacy



Mindy Fain
Medicine

Menopause in the Golden Years: Safe and Effective Management of Persistent Symptoms

LIVESTREAM

[HTTPS://STREAMING.BIOCOM.ARIZONA.EDU/STREAMING/31100/EVENT](https://streaming.biocom.arizona.edu/streaming/31100/event)

LEARNING OBJECTIVES

- Understand the current medical guidance on when hormone therapy should be started, as well as the importance of shared decision-making on potential risks and benefits when hormone therapy is continued in the later years.
- Review the non-hormonal treatment options available for ongoing menopausal hot flashes in older women.
- Recognize the effective and safe treatment options for vaginal and urinary symptoms of menopause (genitourinary syndrome of menopause).

**March 9, 2026
12-1 pm (MST)** 

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CME Credit Provided by the University of Arizona College of Medicine – Tucson

Accreditation Statement:

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement(s):

All faculty, CME planning committee members, and the CME office reviewers have disclosed that they have no financial relationships with commercial interests that would constitute a conflict of interest concerning this CME activity.



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