

ADVANCES IN AGING LECTURE SERIES



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INTERPROFESSIONAL PANEL DISCUSSION



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Nursing



Colleen Christmas
Medicine



Mindy Fain
Medicine

Detecting the Hidden Burden: Anticholinergic and 4Ms Link

LIVESTREAM

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LEARNING OBJECTIVES

- ☒ Connect anticholinergic medication risks to the 4Ms framework
- ☒ Identify common high-risk anticholinergic medications (Rx and OTC)
- ☒ Describe deprescribing strategies for anticholinergic medications

October 12, 2026
12-1 pm (MST)



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CME Credit Provided by the University of Arizona College of Medicine – Tucson

Accreditation Statement:

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Disclosure Statement(s):

All faculty, CME planning committee members, and the CME office reviewers have disclosed that they have no financial relationships with commercial interests that would constitute a conflict of interest concerning this CME activity.



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